



# Keeping Seniors Safe and Healthy!

## *Attend our Infection Control Workshops for Rest and Retirement Homes*

### Why Infection Control Is So Important?

Infection Prevention and Control (IPAC) is about preventing infections, particularly those that are associated with health care or residential living. One example of infection control is practicing good hand hygiene to prevent infections being spread on the hands of health care workers or care givers.

Infections are caused by bacteria, fungi or viruses entering the body. They can be minor and stay in one area, like a boil or wound, or they can spread throughout the body, like influenza or a blood stream infection. Often, infections are easily dealt with, but sometimes they can cause serious problems.

Learn more about what you can do to keep your residents and staff healthy by attending this one day IPAC Workshop developed especially for Rest and Retirement Homes.

We all have a part to play in controlling infection for the safety of all!

This summer the Simcoe Muskoka District Health Unit and the North Simcoe Muskoka Infection Control Network will be offering two opportunities for you to attend special infection prevention and control workshops created especially for Rest and Retirement Homes.

There is no cost to register!

These workshops will be delivered by health unit and infection control network staff at our facilities. Each workshop will be the same, allowing more flexibility for attendee schedules.

If you are interested in attending, please register in advance by contacting Amy Wrobel at **705-418-0255** or [amy.wrobel@oahpp.ca](mailto:amy.wrobel@oahpp.ca) no later than **June 7, 2013**. Further details of the workshop will be provided upon registration.

Simcoe Muskoka District Health Unit  
15 Sperling Drive, Barrie, ON  
**Monday, June 10, 2013**  
**9:00AM - 4:00 PM**

North Simcoe Muskoka Infection Control Network  
80 Victoria Street #7, Orillia, ON  
**Wednesday, June 12, 2013**  
**9:00AM - 4:00 PM**

These infection prevention and control events are brought to you by:

