



Procedure for accidental exposure to blood and body fluids

1. Wash exposed skin surface with soap and water or a germicidal hand-washing solution. If the area is bleeding, allow it to bleed freely. To slow bleeding use cold water and apply pressure.
2. Apply a skin antiseptic (e.g. 70% alcohol or 3% hydrogen peroxide).
3. Cover wound with a sterile dressing or band-aid.
4. If there has been a splash on to the mucous membrane (eyes, nose, mouth, etc.), flush the area thoroughly with warm water.
5. Contact a primary health care provider for assessment.
6. Advise owner/manager and record the incident.
7. When assisting others, wash hands with warm water and soap for a minimum 15 seconds and put on disposable gloves. Wash hands after gloves are removed.