



# PARENTING PLAN



Topic: \_\_\_\_\_

Instructions: Please record any tips or strategies you would like to remember to try at home. This will give you a plan to get started with right away.

Tip or Strategy	When I would use it...	Notes

For more information about Triple P parents can contact *Health Connection* at 705-721-7520 or 1-877-721-7520 or go to the [Triple P Website](#).