Differentiated Instruction Teaching/Learning Examples

	Health and Physical Education
	Duration: two to three 50-minute periods
1	flexible grouping
2	Shared responsibility for learning
3	
4	
5	
6	
*AA/Colonial Challes (Colonial Challes)	



Differentiated Instruction Details

Knowledge of Students

Differentiation based on student:

□ Readiness □ Interests □ Preferences:

☐ Styles

☐ Other (e.g., environment, gender, culture)

Need to Know

- Students' comfort level when discussing sensitive topics
- Students' trust level with one another
- Students' multiple intelligences styles

How to Find Out

- conversations with students
- comfort level surveys or self-ratings
- multiple intelligences surveys completed throughout the year

Differentiated Instruction Response

☑ Learning materials (content) ☐ Ways of learning (process) ☑ Ways of demonstrating learning (product) ☐ Learning environment

Curriculum Connections

Overall Expectation(s):

H & PE – demonstrate the ability to apply health knowledge and living skills to make reasoned decisions and take appropriate actions relating to their personal health and well-being.

Language Arts - Writing 1 – generate, gather, and organize ideas and information to write for an intended purpose and audience Language Arts – Oral Communication 1 – listen in order to understand and respond appropriately in a variety of situations for a variety of purposes

Specific Expectation(s):

- (H & PE) Growth and Development Apply living skills in making informed decisions and analyze the consequences of engaging in sexual activities
- (Language Writing 1.2) generate ideas about challenging topics and identify those most appropriate to the purpose
- (Language Writing 1.3) gather information to support ideas for writing using a variety of strategies and a wide range of print and electronic sources
- (Language Oral Communication 1.2) demonstrate an understanding of appropriate behaviour by adapting active listening strategies to suit a wide variety of situations, including work in groups

Learning Goal(s):

- Students will develop decision making skills and healthy choices regarding relationships
- Students will use a graphic organizer to show decision-making
- students will demonstrate their knowledge using their multiple intelligences strengths

Assessment and Evaluation

Assessment/Success Criteria

Knowledge and Understanding

H & PE - understanding of content (sources of support)

Thinking and Problem Solving

- H & PE use of planning skills (problem solving and decision making)
- Language use of planning skills and processing skills (using graphic organizer to make decisions)

Communication

 Language - communication for different audiences and purposes (discussion with peers and teacher)

Success criteria should be created in collaboration with students prior to beginning the lesson.

Assessment Tools (i.e., checklist, rubric, checkbric, rating scale, anecdotal comments, marking scheme):

- anecdotal comments
- rubric
- exit ticket

Prior Learning

Prior to this lesson, students will have:

- prior knowledge of Health and Physical Education curriculum
- prior opportunities to practice decision making in various contexts
- completed multiple intelligences surveys and can identify a variety of ways that they can share their knowledge



^{*}Marzano's Categories of Instructional Strategies (See Resources below.)

^{**}Differentiated Instruction Structure

Materials and Resources

Materials:

- computers
- various materials from the Simcoe Muskoka District Health Unit kit, distributed to schools (also available on the Simcoe Muskoka Health
- graphic organizers go to www.worksheetworks.com and click on graphic organizers. There is a decision-making model that you can create, download, and print
- various materials that students might need based on their multiple intelligences (e.g., art materials, musical instruments, etc)

Internet Resources:

www.thephakz.ca

www.simcoemuskokahealth.org

www.worksheetworks.com (to get the graphic organizer for decision-making)

Resources:

Grade appropriate OPHEA resources

Ministry of Education Health and Physical Education curriculum 1998 and interim document 2010

Subject/Course Code/Title/Curriculum Policy Minds On **Connections** Establishing a positive learning environment L: Literacy Connecting to prior learning and/or experiences ML: Mathematical Literacy AfL, AoL: Assessment for/of Setting the context for learning Learning Partner Activity - 5-10 minutes AfL: Strategy/Assessment Tool Description: With a partner, discuss this question: "What is a Grade 8 relationship?" Literacy – oral SNOWBALL - Students anonymously write individual responses on a piece of paper, then stand in a circle. communication All students crumple up their papers, toss them into the middle of the circle, then go retrieve a different paper. Students share the response on the page they retrieved. Discuss the general feeling of the class regarding "What is a Grade 8 relationship?" **Action**

- Introducing new learning or extending/reinforcing prior learning
- Providing opportunities for practice and application of learning (guided > independent)

Whole Class ⇒ Reinforce prior knowledge 15-20 minutes

Description:

- Review problem solving model: 1. Identify the problem, 2. List at least 3 options, 3. Evaluate options using pros and cons, 4. Choose the best option and justify why that was their decision, 5. Reflect – What have you learned?
- Model the graphic organizer (using data projector, SMART board technology, chart paper whatever you typically use) – scenario is "Your friends are pressuring you to go into a relationship with someone in your class."
 - Options could include: go out with them, not go out with them, talk to an adult (teacher, parent), pretend to go out with them
 - o discuss options and possible outcomes with students (pros and cons)
 - o as a class, make a choice and reflect upon the decision

Small group or partner ⇒ Demonstrate learning using Multiple Intelligences 40-60 minutes

- Students work in partners. Students create or find a scenario or select one from a teacher-generated list that involves pressure surrounding engaging in sexual activity. For example on the teacher-generated list you could have, "Your girlfriend or boyfriend is pressuring you to have sex. What could you do?"
- Using text resources, students must gather data or information that can help them make an informed choice (i.e., thephakz.ca, Simcoe-Muskoka District Health Unit)
- Things to consider while creating options: Abstinence, STIs, pregnancy, birth control, etc.
- Students complete the graphic organizer, and then demonstrate their decision making using one of the following (differentiation opportunity):
 - Drama skit
 - Comic strip
 - Write a song
 - Write an essay defending their choice
 - Write a story or create a small picture book
 - Student-generated ideas
- Students present or hand in their final product with the completed graphic organizer.

Consolidation and Connection

- Helping students demonstrate what they have learned
- Providing opportunities for consolidation and reflection

Whole class and independent ⇒ Discuss and reflect 15-20 minutes

Description

- As a class, teacher guides students through discussion regarding the choices they presented. For example:
 - o How important are relationships?
 - What things should you consider when thinking about entering a relationship with someone?
 - What does a "healthy relationship" look like?
 - O What does an "unhealthy relationship" look like?
- Independently Post-it note exit ticket What factors would affect your decision-making regarding relationships?

AfL: Strategy/Assessment Tool

Literacy Assessment of learning use collaboratively created rubric

AfL or AoL: Strategy/Assessment

Literacy Assessment for learning post-it note will show how well students have understood the concepts

